

Every day counts.

Use Good Healthy Habits to Avoid Missing School!



ABC'S of Healthy Habits

- **A**void touching eyes, nose and mouth, because the virus can spread when your hands touch surfaces infested with germs.
- **B**ubbles, bubbles and more bubbles! Wash your hands often with soap and warm water for 20 seconds (sing Happy Birthday to yourself twice.)
- **C**over your mouth and nose with a tissue when coughing and sneezing and remember to throw away the tissue. If you have no tissue, use the inside of your elbow and be sure to cover your nose and mouth.
- **D**on't share drinks, water bottles, eating utensils or cell phones.

Every Day Counts... because children achieve better when they attend school all day, every day.

Every Day Counts... because going to school means getting a better chance at life.

Every Day Counts... because going to school builds emotional intelligence like teamwork, communication and resilience.

Every Day Counts... because going to school is a legal requirement, and KUSD's goal of 95% attendance means more resources for our kids!

Every Day Counts... use good, healthy habits to avoid missing school!

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